

## Small Group Discussion Guide

### *Jesus Appears to Thomas*

#### Icebreaker:

- Have you ever gone to your room and locked the door? Why?

#### Read: John 20:19-31

1. Of all the things Jesus must have said, why does John record *"peace be with you"* three times (vs. 19, 21, 26)?
2. Why do you think Thomas was not with the rest of the disciples when Jesus first appeared to them?
3. *"Unless I see the nail marks in his hands ... I will not believe it."* What was Thomas saying?  
a) *"You guys are crazy"* b) *"I need proof"* c) *"I want to believe, but ..."* d) *"don't break my heart again"*
4. How does Jesus deal with Thomas' doubt? What tone does Jesus use when answering Thomas (v. 29)?
5. Where could you use Jesus' "peace" right now?
6. What doubts or questions about God do you struggle with? What have you found helpful in dealing with doubts?
7. Have you received the gift of the Holy Spirit? How has it changed you?
8. How can this group support you in prayer this week?